

Mutual Support Groups: [Beacon of Hope Recovery Community Center](#), 240-298-0212

Beacon Zoom meeting ID: 728 9773 5395, Password 12345

Mondays:

1:30-2:30pm: Beacon Book Club (in person and on Zoom)

4-5pm: Emotions Anonymous (in person and on Zoom)

6-7pm Gamblers Anonymous (in person)

Tuesdays:

3-4pm: SMART Recovery (in person and on Zoom)

5-6pm: Family & Friends SMART Recovery (in person and on Zoom)

Wednesdays

4:45-5:45pm: "Healthy Relationships" Codependents Anonymous (in person and on Zoom)

6-7pm: Grief Recovery Group (in person at Beacon and on Zoom)

6-7pm: Life Recovery Group (in person at *Church of Ascension*)

Fridays:

1:30-2:30pm: Mindful Book Club (in person and on Zoom)

3-4pm Dual Recovery Anonymous (DRA) meeting (in person and on Zoom)

8-9pm: SMART Recovery (in person and on Zoom)

Sundays:

1:30- 2:30 pm: Dual Recovery Anonymous meeting (in person & on Zoom)



contact@firstrecoverysond.org
20850 Langley Road Lexington Park
(Good Samaritan Lutheran main bldg.)

12 Step Meetings hosted in person at Beacon of Hope

Mondays and Fridays: Alcoholics Anonymous, Beginners at Noon (12-1pm)

Mondays: Alcoholics Anonymous, Lexington Park AA (6-7pm)

Tuesdays: Alcoholics Anonymous, Lexington Park Big Book (6-7pm)

Fridays: Al Anon, Serenity at Last (11am-12 pm), Gamblers Anonymous (6pm-7pm) and Narcotics Anonymous, Another Late Night (9:30-10:30pm)

Sundays: Alcoholics Anonymous, Drunks R Us (12-1pm)