

**Mutual Support Groups: [Beacon of Hope Recovery Community Center](#), 240-298-0212**

**Beacon Zoom meeting ID: 728 9773 5395, Password 12345**

**Mondays:**

**1:30-2:30pm: Beacon Book Club (in person and on Zoom)**

**4-5pm: Emotions Anonymous (in person and on Zoom)**

**Tuesdays:**

**3-4pm: SMART Recovery (in person and on Zoom)**

**5-6pm: Family & Friends SMART Recovery (in person and on Zoom)**

**Wednesdays**

**5-6pm: "Healthy Relationships" Codependents Anonymous (in person and on Zoom)**

**6-7pm: Grief Recovery Group (in person and on Zoom)**

**Fridays:**

**1:30-2:30pm: Mindful Book Club (in person and on Zoom)**

**8-9pm: SMART Recovery (in person and on Zoom)**

**Sundays:**

**1:30- 2:30 pm: Dual Recovery Anonymous meeting (in person & on Zoom)**



[contact@firstrecoverysonmd.org](mailto:contact@firstrecoverysonmd.org)

**12 Step Meetings hosted in person at Beacon of Hope**

**Mondays and Fridays: Alcoholics Anonymous, Beginners at Noon (12-1pm)**

**Mondays: Alcoholics Anonymous, Lexington Park AA (6-7pm)**

**Tuesdays: Alcoholics Anonymous, Lexington Park Big Book (6-7pm)**

**Fridays: Al Anon, Serenity at Last (11am-12 pm) and Narcotics Anonymous, Another Late Night (9:30-10:30pm)**

**Saturdays: Narcotics Anonymous, Back to Basics (12-1pm)**

**Sundays: Alcoholics Anonymous, Drunks R Us (12-1pm)**